

Assessment highlights insights

from Derryn O’Riordan, Principal Education Officer for Physical Education

Q Why was this student response selected for Assessment highlights?

A The structure of Campbell’s response is indicative of a well-planned project folio strongly aligned to the specifications in an iterative format. It shows the application of the subject matter to a physical activity context from the performance category.

Q How has the student effectively responded to the school’s assessment instrument and demonstrated the qualities of the top performance-level descriptors (PLDs) of the instrument-specific marking guide?

A Throughout the folio, Campbell’s response demonstrates accurate recognition and discerning explanation of the energy systems, fitness components, training principles, training methods and the competition phase of training, relevant to specialised movement sequences of the selected movement strategy: maintaining speed while running the bend.

Using primary and secondary data, analysis is insightful and synthesis is discerning when ascertaining the most significant relationships between:

- demands of the specialised movement sequences and one movement strategy
- relevant energy systems and fitness components
- personal performance of the specialised movement sequences and one movement strategy (multimodal presentation time stamp: 1 minute 55 seconds to 6 minutes 30 seconds).

From this analysis, Campbell developed a personal training strategy to optimise performance, with specific reference to the selected movement strategy of maintaining speed while running the bend (multimodal presentation time stamp: 3 minutes 1 second to 6 minutes 30 seconds).

In the multimodal presentation, Campbell evaluated personal performance within the selected physical activity context by determining the effectiveness of the specialised movement sequences and movement strategies, considering the application of body and movement concepts and through appraising performance outcomes, limitations and implications (time stamp: 2 minutes 7 seconds to 3 minutes). Critical evaluation of the training strategy is also demonstrated through the appraisal of performance outcomes, limitations and implications of the applied principles of training, training methods, associated fitness components and relevant energy systems (time stamp: 6 minutes 30 seconds to 9 minutes 40 seconds).

Campbell used his analysis and evaluation information to inform the discerning justification of the development, maintenance and modifications suggested in optimising performance outcomes, supported by use of primary and secondary data. Detailed and informative supporting evidence clearly signposts various movement sequences and movement strategies from within authentic performance environments. Accomplished and proficient demonstration of the specialised movement sequences, and two movement strategies, are supported by the application of the body and movement concepts.

Campbell’s response shows consistent, accurate and discerning decisions in the use of language suitable for a technical audience, in both written and spoken modes, supported by

the use of specified mode-appropriate visual features. It demonstrates consistent use of referencing and genre conventions.

Q What are the qualities or features of the student's response that made it stand out from other student responses?

A Throughout Campbell's folio there is evidence of deep knowledge and understanding of the subject matter. Strong connections have been made between the identified movement strategy, the associated specialised movement sequences and the competition phase of training.



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