


Sport and Recreation

Advice for Year 11 and 12 students learning from home

The Queensland Curriculum and Assessment Authority (QCAA) understands that the COVID-19 pandemic has changed the way many senior students are accessing their learning.

We've prepared some suggestions to help you with your studies.

Resources to support preparation for assessment

| Assessment type | Suggestions to support learning from home |
|--|---|
| <ul style="list-style-type: none">• 1 Project• 1 Performance• 1 of Investigation OR <ul style="list-style-type: none">• Extended responseOR• Examination  | <ul style="list-style-type: none">• Identify the subject matter required for the specific assessment instrument in consultation with your teacher.• Consult with your teacher to understand the components of the assessment task.• Consult with your teacher as to the subject matter being studied during the module. <p>Suggested resources to support understanding of the subject matter:</p> <ul style="list-style-type: none">• Sports nutrition resource — Australian Institute of Sport, Nutrition https://ais.gov.au/nutrition• Navigation resource — Australian Hiker, Navigation on the trail: an introduction to maps and compasses https://australianhiker.com.au/advice/navigation-on-the-trail-an-introduction-to-maps-and-compasses/#the-very-basics• Training for fitness resource — Clearinghouse for Sport www.clearinghouseforsport.gov.au• Water safety and lifesaving resource — Surf Life Saving Australia, Publications https://sls.com.au/publications and Swim Australia www.swimaustralia.org.au• Event management/tournament organisation resource — Queensland School Sport, Sports information https://queenslandschoolsport.education.qld.gov.au/sports-information• Sports medicine resource — Sports Medicine Australia, Resources and advice https://sma.org.au/resources-advice• Fitness industry resource — Australian Industry and Skills Committee, Fitness https://nationalindustryinsights.aisc.net.au/industries/sport-fitness-and-recreation/fitness. |

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