

— Public use —

LUI

Venue code

School name

Given name/s

Family name

Attach your
barcode ID label here

Sample assessment 2020

Question and response book

Physical Education

Time allowed

- Perusal time — 15 minutes
- Working time — 120 minutes

General instructions

- Answer all questions in this question and response book.
- Planning paper will not be marked.

Section 1 (10 marks)

- 10 multiple choice questions

Section 2 (36 marks)

- 3 short response questions

Section 3 (24 marks)

- 1 extended response question



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Section 1

Instructions

- Choose the best answer for Questions 1–10.
- This section has 10 questions and is worth 10 marks.
- Use a 2B pencil to fill in the A, B, C or D answer bubble completely.
- If you change your mind or make a mistake, use an eraser to remove your response and fill in the new answer bubble completely.

	A	B	C	D
Example:	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	A	B	C	D
1.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Section 2

Instructions

- Write using black or blue pen.
 - Respond in paragraphs consisting of full sentences.
 - If you need more space for a response, use the additional pages at the back of this book.
 - On the additional pages, write the question number you are responding to.
 - Cancel any incorrect response by ruling a single diagonal line through your work.
 - Write the page number of your alternative/additional response, i.e. See page ...
 - If you do not do this, your original response will be marked.
 - This section has three questions and is worth 36 marks.
-

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Section 3

Instructions

- Respond to **one** of the following questions.
- Indicate the question you have selected by filling in the bubble on page 10 completely.

If you change your mind or make a mistake, draw a cross through the bubble you wish to change and fill in the new bubble completely.

Example:

Question 14 ● Question 15 ~~●~~

- Write using black or blue pen.
- Respond in paragraphs consisting of full sentences.
- Cancel any incorrect response by ruling a single diagonal line through your work.
- If you do not do this, your original response will be marked.
- This section is worth 24 marks.

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Respond to **one** of the following questions. Fill in the bubble to indicate the question you have selected.

Question 14 Question 15

Selected physical activity: _____

Position/event: _____

QUESTION 14 (24 marks)

Using Stimulus 3 in the stimulus book, evaluate which training session is least effective for meeting one energy system requirement and one fitness component requirement for your position/event in your selected physical activity (invasion, net and court, or performance).

Devise modifications to this training session to more effectively meet one energy system and one fitness component requirement for your position/event. Justify your modifications with reference to the stimulus provided.

OR

QUESTION 15 (24 marks)

Using Stimulus 4 in the stimulus book, evaluate the effectiveness of this fitness test in measuring one energy system and one fitness component requirement for your position/event in your selected physical activity (invasion, net and court, or performance).

Devise modifications to this fitness test to make it more relevant to a movement strategy performed in your position/event for your selected physical activity. Justify your modifications with reference to the stimulus provided.

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