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|  | Queensland kindergarten learning guideline Professional development | Resources |  |
|  | Reflecting on Wellbeing  |

The purpose of this professional learning is for teachers and staff to view intentional teaching examples in the Learning and development area: Wellbeing.

These resources provide the opportunity to reflect on how these examples relate to the *Queensland kindergarten learning guideline* (*QKLG*).

They support teachers to meet elements of Standards 2, 3 and 4 of the Australian Professional Standards for Teachers ([www.aitsl.edu.au/australian-professional-standards-for-teachers](http://www.aitsl.edu.au/australian-professional-standards-for-teachers)).

Recommended time: 45 minutes

**Reflection**

View the suite of videos available on the Queensland and Curriculum Assessment Authority (QCAA) website at [www.qcaa.qld.edu.au/kindergarten/qklg/learning-development-areas/intentional-teaching/wellbeing](https://www.qcaa.qld.edu.au/kindergarten/qklg/learning-development-areas/intentional-teaching/wellbeing):

1. Wellbeing: Promoting safety
2. Wellbeing: Exploring movement.

Use the table provided to record examples of the Significant learnings you observe in the videos.

**More information**

To access further resources that explore supporting kindergarten children’s learning and development, visit the QCAA website ([www.qcaa.qld.edu.au/28187](http://www.qcaa.qld.edu.au/28187)).

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| **Wellbeing****Related *EYLF* learning outcome:****Children have a strong sense of wellbeing** | **Key focus** | **Significant learnings** | **Observations from videos** |
| * Building a sense of autonomy and wellbeing
 | * Delight in making decisions and choices (agency)
* Courage and resilience to manage change and challenges
* Ways to understand and regulate emotions
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| * Exploring ways to show care and concern and interact positively with others
 | * Interest in and desire to interact with others
* Considering and empathising with others
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| * Exploring ways to promote own and others’ health and safety
 | * Ways to manage personal hygiene and self-care
* Ways to stay healthy and safe
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| * Exploring ways to promote physical wellbeing
 | * Control and strength for manipulating objects, tools and equipment
* Large movement skills, movement control, coordination and strength
* Confidence to engage in movement challenges
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*Queensland kindergarten learning guideline* (*QKLG*) p.32