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|  | Queensland kindergarten learning guideline  Professional development | Resources |  |
|  | Reflecting on Wellbeing | |

The purpose of this professional learning is for teachers and staff to view intentional teaching examples in the Learning and development area: Wellbeing.

These resources provide the opportunity to reflect on how these examples relate to the *Queensland kindergarten learning guideline* (*QKLG*).

They support teachers to meet elements of Standards 2, 3 and 4 of the Australian Professional Standards for Teachers ([www.aitsl.edu.au/australian-professional-standards-for-teachers](http://www.aitsl.edu.au/australian-professional-standards-for-teachers)).

Recommended time: 45 minutes

**Reflection**

View the suite of videos available on the Queensland and Curriculum Assessment Authority (QCAA) website at [www.qcaa.qld.edu.au/kindergarten/qklg/learning-development-areas/intentional-teaching/wellbeing](https://www.qcaa.qld.edu.au/kindergarten/qklg/learning-development-areas/intentional-teaching/wellbeing):

1. Wellbeing: Promoting safety
2. Wellbeing: Exploring movement.

Use the table provided to record examples of the Significant learnings you observe in the videos.

**More information**

To access further resources that explore supporting kindergarten children’s learning and development, visit the QCAA website ([www.qcaa.qld.edu.au/28187](http://www.qcaa.qld.edu.au/28187)).

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| **Wellbeing**  **Related *EYLF* learning outcome:**  **Children have a strong sense of wellbeing** | **Key focus** | **Significant learnings** | **Observations from videos** |
| * Building a sense of autonomy and wellbeing | * Delight in making decisions and choices (agency) * Courage and resilience to manage change and challenges * Ways to understand and regulate emotions |  |
| * Exploring ways to show care and concern and interact positively with others | * Interest in and desire to interact with others * Considering and empathising with others |  |
| * Exploring ways to promote own and others’ health and safety | * Ways to manage personal hygiene and self-care * Ways to stay healthy and safe |  |
| * Exploring ways to promote physical wellbeing | * Control and strength for manipulating objects, tools and equipment * Large movement skills, movement control, coordination and strength * Confidence to engage in movement challenges |  |

*Queensland kindergarten learning guideline* (*QKLG*) p.32