



Indicative A response

Personal hygiene plan

Year 2

Health & Physical Education (HPE)

Presentation of personal hygiene plan

Information for teachers:

Students may point to relevant pictures on their collage to support their presentation.

This collage shows my personal hygiene plan. It shows all of the actions that I plan to do and it shows the items that I plan to use.

These pictures here show that I plan to have a shower everyday. I would be using soap like in this picture. I would wash all my body, even my ears. If I shower I will wash away the dirt and germs and I will feel clean and fresh.

These pictures show that I plan to clean my teeth. I would be using a toothbrush and toothpaste. I plan to keep cleaning my teeth after breakfast and before I go to sleep at night. I can eat an apple to help clean my teeth at lunch. If I clean my teeth I will be stopping cavities and my mouth will feel fresh and clean.

These pictures show that I will wash my hands after going to the toilet. I will use soap and water. I will also wash my hands before I eat food. And I will wash my hands after picking up rubbish at school. If I wash my hands I will be stopping the spread of germs.

These pictures show how I plan to keep my hair clean. I will use a brush and comb. I will brush my hair everyday in the morning. I will

use shampoo to wash it. If I keep my hair clean I will be stopping germs and knots. And I will feel good.

These pictures show that I will wear clean clothes. These pictures show that I plan to put my clothes in the washing basket. This is the washing machine and detergent that will make them clean and wash away the germs.

These pictures show that when I am going to sneeze or cough I will cover my mouth. I will use my hand (then wash it) or a tissue. This will help stop the spread of germs.

These pictures show that I will help keep our house clean. I will use the broom and dustpan to sweep away germs. I will use a sponge to wipe down the table and bench. I will put dirty plates on the sink for washing. If I help keep clean the house this will stop dust and flies and germs.

These picture shows that I plan to put all my food scraps in the bin. I will use the bins at home and at school. This will stop rats and flies and bad germs from spreading.

If I do all of the hygiene habits on my collage I will stop the spread of germs. I will feel clean and healthy.