

Comparison of AC v8.4 to v9.0

Years 9–10 band: Health and Physical Education

Key	same/refined	removed	new	moved
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Note:

- the key applies to the content descriptions only
- v8.4 content descriptions may have been reordered to align with v9.0 content descriptions.

Version 8.4			Version 9.0		
Achievement standard			Achievement standard		
<p>By the end of Year 10, students critically analyse contextual factors that influence identities, relationships, decisions and behaviours. They analyse the impact attitudes and beliefs about diversity have on community connection and wellbeing. They evaluate the outcomes of emotional responses to different situations. Students access, synthesise and apply health information from credible sources to propose and justify responses to health situations. Students propose and evaluate interventions to improve fitness and physical activity levels in their communities. They examine the role physical activity has played historically in defining cultures and cultural identities.</p> <p>Students demonstrate leadership, fair play and cooperation across a range of movement and health contexts. They apply decision-making and problem-solving skills when taking action to enhance their own and others' health, safety and wellbeing. They apply and transfer movement concepts and strategies to new and challenging movement situations. They apply criteria to make judgements about and refine their own and others' specialised movement skills and movement performances. They work collaboratively to design and apply solutions to movement challenges.</p>			<p>By the end of Year 10, students propose and evaluate personal strategies to manage their identities, emotions and responses to change. They evaluate how attitudes and beliefs about equality, respect, diversity and inclusion influence the nature and quality of relationships. Students propose and justify strategies to manage online and offline situations where their own or others' health, safety, relationships or wellbeing may be at risk. They synthesise health information from credible sources to propose and justify strategies to enhance their own and others' health, safety, relationships and wellbeing. Students evaluate and refine their own and others' movement skills and performances, and apply movement concepts in challenging or unfamiliar situations. They adapt and transfer movement strategies to unfamiliar situations to achieve successful outcomes. Students propose and evaluate community-based physical activity interventions designed to improve the health, fitness and wellbeing of themselves and others. They apply and evaluate leadership approaches, collaboration strategies and ethical behaviours across a range of movement contexts.</p>		
Strands	Sub-strands	Content descriptions	Content descriptions	Sub-strands	Strands
Personal, social and community health	Being healthy, safe and active	evaluate factors that shape identities and critically analyse how individuals impact the identities of others ACPPS089	analyse factors that shape identities and evaluate how individuals influence the identities of others AC9HP10P01	Identities and change	Personal, social and community health
		examine the impact of changes and transitions on relationships ACPPS090	refine, evaluate and adapt strategies for managing changes and transitions AC9HP10P02		
			<u>investigate how gender equality and challenging assumptions about gender can prevent violence and abuse in relationships</u> AC9HP10P03		
	Communicating and interacting for health and wellbeing	investigate how empathy and ethical decision making contribute to respectful relationships ACPPS093	<u>evaluate the influence of respect, empathy, power and coercion</u> on establishing and maintaining respectful relationships AC9HP10P04	Interacting with others	
	Contributing to healthy and active communities	critique behaviours and contextual factors that influence health and wellbeing of diverse communities ACPPS098	<u>propose strategies and actions individuals and groups can implement to challenge biases, stereotypes, prejudices and discrimination</u> , and promote inclusion in their communities AC9HP10P05		
	Communicating and interacting for health and wellbeing	evaluate situations and propose appropriate emotional responses and then reflect on possible outcomes of different responses ACPPS094	evaluate emotional responses in different situations to refine strategies for managing emotions AC9HP10P06		
			<u>examine how strategies, such as communicating choices, seeking giving and denying consent, and expressing opinions and needs can support the development of respectful relationships, including sexual relationships</u> AC9HP10P07		
	Being healthy, safe and active	plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at short or long term risk ACPPS091	plan, rehearse and evaluate strategies for managing situations where their own or others' health, safety or wellbeing may be at risk AC9HP10P08	Making healthy and safe choices	
		propose, practise and evaluate responses in situations where external influences may impact on their ability to make healthy and safe choices ACPPS092			
	Communicating and interacting for health and wellbeing	critically analyse and apply health information from a range of sources to health decisions and situations ACPPS095	critique health information, services and media messaging about relationships, lifestyle choices, health decisions and behaviours to <u>evaluate their influence on individual attitudes and actions</u> AC9HP10P09		
Contributing to healthy and active communities	plan, implement and critique strategies to enhance health, safety and wellbeing of their communities ACPPS096	plan, justify and critique strategies to enhance their own and others' health, safety, relationships and wellbeing AC9HP10P10			
Movement and physical activity	Moving our body	provide and apply feedback to develop and refine specialised movement skills in a range of challenging movement situations ACPMP099	analyse, adapt and refine their own and others' movement skills in a range of challenging movement situations to enhance performance AC9HP10M01	Moving our bodies	Movement and physical activity

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	develop, implement and evaluate movement concepts and strategies for successful outcomes with and without equipment ACPMP101	create and refine movement strategies to achieve successful outcomes across a range of challenging movement situations AC9HP10M02	
Understanding movement	analyse the impact of effort, space, time, objects and people when composing and performing movement sequences ACPMP103	apply movement concepts in new or challenging movement situations and analyse the impact each concept has on movement outcomes AC9HP10M03	
		<u>participate in physical activities designed to enhance health, wellbeing and fitness, and design, apply and evaluate strategies for incorporating these activities into their lives</u> AC9HP10M04	Making active choices
Contributing to healthy and active communities	plan and evaluate new and creative interventions that promote their own and others' connection to community and natural and built environments ACPPS097	participate in physical activities that promote health and social outcomes to design and evaluate participation strategies for themselves and others AC9HP10M05	
Understanding movement	design, implement and evaluate personalised plans for improving or maintaining their own and others' physical activity and fitness levels ACPMP102	design, implement and evaluate personalised plans for improving or maintaining their own or others' physical activity levels to achieve fitness, health and wellbeing outcomes AC9HP10M06	
	<u>examine the role physical activity, outdoor recreation and sport play in the lives of Australians and investigate how this has changed over time</u> ACPMP104		
Learning through movement	transfer understanding from previous movement experiences to create solutions to movement challenges ACPMP106	transfer and adapt skills and strategies from previous experiences to create successful outcomes in unfamiliar movement situations AC9HP10M07	Learning through movement
	reflect on how fair play and ethical behaviour can influence the outcomes of movement activities ACPMP107	<u>demonstrate fair play</u> and reflect on how ethical behaviour can influence physical activity outcomes for individuals and groups AC9HP10M08	
	devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams ACPMP105	devise, implement and refine strategies for decision-making when working in groups or teams that demonstrate leadership and collaboration skills AC9HP10M09	

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