

# Comparison of AC v8.4 to v9.0

## Years 7–8 band: Health and Physical Education

Key	same/refined	removed	new	moved
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**Note:**

- the key applies to the content descriptions only
- v8.4 content descriptions may have been reordered to align with v9.0 content descriptions.

Version 8.4			Version 9.0		
Achievement standard			Achievement standard		
<p>By the end of Year 8, students evaluate strategies and resources to manage changes and transitions and investigate their impact on identities. Students evaluate the impact on wellbeing of relationships and valuing diversity. They analyse factors that influence emotional responses. They investigate strategies and practices that enhance their own, others' and community health, safety and wellbeing. They investigate and apply movement concepts and select strategies to achieve movement and fitness outcomes. They examine the cultural and historical significance of physical activities and examine how connecting to the environment can enhance health and wellbeing.</p> <p>Students apply personal and social skills to establish and maintain respectful relationships and promote safety, fair play and inclusivity. They demonstrate skills to make informed decisions, and propose and implement actions that promote their own and others' health, safety and wellbeing. Students demonstrate control and accuracy when performing specialised movement sequences and skills. They apply movement concepts and refine strategies to suit different movement situations. They apply the elements of movement to compose and perform movement sequences.</p>			<p>By the end of Year 8, students analyse factors that influence identities, emotions and responses to change, and describe strategies to respond to these influences. They analyse how stereotypes, respect, empathy and valuing diversity influence relationships. Students analyse the effectiveness of assertive communication strategies, protective behaviours and help-seeking strategies applied online and offline. They analyse health information and messages to propose strategies that enhance their own and others' health, safety, relationships and wellbeing. Students apply and transfer movement skills and movement concepts across a range of situations. They implement and evaluate the effectiveness of movement strategies on movement outcomes. Students propose and evaluate strategies designed to achieve personal health, fitness and wellbeing outcomes. They select, use and refine strategies to support inclusion, fair play and collaboration across a range of movement contexts.</p>		
Strands	Sub-strands	Content descriptions	Content descriptions	Sub-strands	Strands
Personal, social and community health	Being healthy, safe and active	investigate the impact of transition and change on identities ACPPS070	analyse and reflect on <u>the influence of values and beliefs</u> on the development of identities AC9HP8P01	Identities and change	Personal, social and community health
		evaluate strategies to manage personal, physical and social changes that occur as they grow older ACPPS071	analyse the impact of changes and transitions, and devise strategies to support themselves and others through these changes AC9HP8P02		
			<u>examine how roles, decision-making, and levels of power, coercion and control within relationships can be influenced by gender stereotypes</u> AC9HP8P03		
	Communicating and interacting for health and wellbeing	investigate the benefits of relationships and examine their impact on their own and others' health and wellbeing ACPPS074	<u>examine the roles of respect, empathy, power and coercion in developing respectful relationships</u> AC9HP8P04	Interacting with others	
	Contributing to healthy and active communities	investigate the benefits to individuals and communities of valuing diversity and promoting inclusivity ACPPS079	investigate strategies that influence how communities value diversity and <u>propose actions they can take to promote inclusion in their communities</u> AC9HP8P05		
	Communicating and interacting for health and wellbeing	analyse factors that influence emotions, and develop strategies to demonstrate empathy and sensitivity ACPPS075	analyse factors that influence emotional responses and devise strategies to self-manage emotions AC9HP8P06		
			<u>explain and apply skills and strategies to communicate assertively and respectfully when seeking, giving or denying consent</u> AC9HP8P07		
	Being healthy, safe and active	practise and apply strategies to seek help for themselves or others ACPPS072	refine protective behaviours and <u>evaluate community resources</u> to seek help for themselves and others AC9HP8P08	Making healthy and safe choices	
	Communicating and interacting for health and wellbeing	evaluate health information and communicate their own and others' health concerns ACPPS076	<u>investigate how media and influential people impact attitudes, beliefs, decisions and behaviours in relation to health, safety, relationships and wellbeing</u> AC9HP8P09		
	Being healthy, safe and active	investigate and select strategies to promote health, safety and wellbeing ACPPS073	plan and implement strategies, using health resources, to enhance their own and others' health, safety, relationships and wellbeing AC9HP8P10		
Contributing to healthy and active communities	plan and use health practices, behaviours and resources to enhance health, safety and wellbeing of their communities ACPPS077				
Movement and physical activity	Moving our body	use feedback to improve body control and coordination when performing specialised movement skills in a variety of situations ACPMP080	analyse, refine and transfer movement skills in a variety of movement situations AC9HP8M01	Moving our bodies	Movement and physical activity
		<u>practise, apply and transfer movement concepts and strategies with and without equipment</u> ACPMP082	design and demonstrate how movement strategies can be manipulated to improve movement outcomes AC9HP8M02		
	Understanding movement	demonstrate and explain how the elements of effort, space, time, objects and people can enhance movement sequences ACPMP084	demonstrate and explain how movement concepts related to effort, space, time, objects and people can be manipulated to improve movement outcomes AC9HP8M03		

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	participate in physical activities that develop health-related and skill-related fitness components, and <b>create and monitor personal fitness plans</b> ACPMP083	participate in physical activities designed to improve fitness and wellbeing to <b>investigate the impact of regular participation on health, fitness and wellbeing</b> AC9HP8M04	Making active choices
Contributing to healthy and active communities	plan and implement strategies for connecting to natural and built environments to promote the health and wellbeing of their communities ACPPS078	participate in physical activities that utilise community spaces and outdoor settings, and <b>evaluate strategies to support increased use of these spaces</b> AC9HP8M05	
		<b>design and justify strategies to increase physical activity levels to achieve health and wellbeing outcomes</b> AC9HP8M06	
Understanding movement	<b>participate in and investigate cultural and historical significance of a range of physical activities</b> ACPMP085		
Learning through movement	evaluate and justify reasons for decisions and choices of action when solving movement challenges ACPMP087	propose and evaluate movement strategies and skills that would be most effective in different movement situations AC9HP8M07	Learning through movement
	modify rules and scoring systems to allow for fair play, safety and inclusive participation ACPMP088	investigate modifications to equipment, rules and scoring systems that support fair play and inclusive participation AC9HP8M08	
	practise and apply personal and social skills when undertaking a range of roles in physical activities ACPMP086	practise and apply <b>leadership</b> , collaboration and <b>group decision-making processes</b> when participating in a range of physical activities AC9HP8M09	

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