

Years 7–8 band Health and Physical Education ACiQ | v9.0

Australian Curriculum Version 9.0: Achievement standard aligned to content descriptions

This resource shows alignment between aspects of the achievement standard and relevant content descriptions for Years 7–8 band. A similar resource is available for Prep/other bands.

The Australian Curriculum (AC) v9.0 code for each content description includes an element indicating the strand it is organised by, e.g. AC9HP8P01 indicates Personal, social and community health strand.

Key to content description codes: Health and Physical Education	
e.g. AC9HP8P01	Strands:
Australian Curriculum (AC)	• P — Personal, social and community health
Version 9 (9)	• M — Movement and physical activity
Health and Physical Education (HP)	
Years 7–8 (8)	
Strand (P, M)	
Content description number (01)	

Years 7–8 band Australian Curriculum: Health and Physical Education achievement standard

By the end of Year 8, students analyse factors that influence identities, emotions and responses to change, and describe strategies to respond to these influences. They analyse how stereotypes, respect, empathy and valuing diversity influence relationships. Students analyse the effectiveness of assertive communication strategies, protective behaviours and help-seeking strategies applied online and offline. They analyse health information and messages to propose strategies that enhance their own and others' health, safety, relationships and wellbeing. Students apply and transfer movement skills and movement concepts across a range of situations. They implement and evaluate the effectiveness of movement strategies on movement outcomes. Students propose and evaluate strategies designed to achieve personal health, fitness and wellbeing outcomes. They select, use and refine strategies to support inclusion, fair play and collaboration across a range of movement contexts.

Achievement standard aspect	Relevant content description/s	AC v9.0 code
By the end of Year 8	Students learn to:	
Students analyse factors that influence identities, emotions and responses to change, and describe strategies to respond to these influences.	<ul style="list-style-type: none"> analyse and reflect on the influence of values and beliefs on the development of identities 	AC9HP8P01
	<ul style="list-style-type: none"> analyse the impact of changes and transitions, and devise strategies to support themselves and others through these changes 	AC9HP8P02
	<ul style="list-style-type: none"> analyse factors that influence emotional responses and devise strategies to self-manage emotions 	AC9HP8P06
They analyse how stereotypes, respect, empathy and valuing diversity influence relationships.	<ul style="list-style-type: none"> examine how roles, decision-making, and levels of power, coercion and control within relationships can be influenced by gender stereotypes 	AC9HP8P03
	<ul style="list-style-type: none"> examine the roles of respect, empathy, power and coercion in developing respectful relationships 	AC9HP8P04
	<ul style="list-style-type: none"> investigate strategies that influence how communities value diversity and propose actions they can take to promote inclusion in their communities 	AC9HP8P05
Students analyse the effectiveness of assertive communication strategies, protective behaviours and help-seeking strategies applied online and offline.	<ul style="list-style-type: none"> explain and apply skills and strategies to communicate assertively and respectfully when seeking, giving or denying consent 	AC9HP8P07
	<ul style="list-style-type: none"> refine protective behaviours and evaluate community resources to seek help for themselves and others 	AC9HP8P08
They analyse health information and messages to propose strategies that enhance their own and others' health, safety, relationships and wellbeing.	<ul style="list-style-type: none"> investigate how media and influential people impact attitudes, beliefs, decisions and behaviours in relation to health, safety, relationships and wellbeing 	AC9HP8P09
	<ul style="list-style-type: none"> plan and implement strategies, using health resources, to enhance their own and others' health, safety, relationships and wellbeing 	AC9HP8P10
Students apply and transfer movement skills and movement concepts across a range of situations.	<ul style="list-style-type: none"> analyse, refine and transfer movement skills in a variety of movement situations 	AC9HP8M01
	<ul style="list-style-type: none"> demonstrate and explain how movement concepts related to effort, space, time, objects and people can be manipulated to improve movement outcomes 	AC9HP8M03
They implement and evaluate the effectiveness of movement strategies on movement outcomes.	<ul style="list-style-type: none"> design and demonstrate how movement strategies can be manipulated to improve movement outcomes 	AC9HP8M02
	<ul style="list-style-type: none"> propose and evaluate movement strategies and skills that would be most effective in different movement situations 	AC9HP8M07
Students propose and evaluate strategies designed to achieve personal health, fitness and wellbeing outcomes.	<ul style="list-style-type: none"> participate in physical activities designed to improve fitness and wellbeing to investigate the impact of regular participation on health, fitness and wellbeing 	AC9HP8M04
	<ul style="list-style-type: none"> participate in physical activities that utilise community spaces and outdoor settings, and evaluate strategies to support increased use of these spaces 	AC9HP8M05
	<ul style="list-style-type: none"> design and justify strategies to increase physical activity levels to achieve health and wellbeing outcomes 	AC9HP8M06
They select, use and refine strategies to support inclusion, fair play and collaboration across a range of movement contexts.	<ul style="list-style-type: none"> investigate modifications to equipment, rules and scoring systems that support fair play and inclusive participation 	AC9HP8M08
	<ul style="list-style-type: none"> practise and apply leadership, collaboration and group decision-making processes when participating in a range of physical activities. 	AC9HP8M09

More information

If you would like more information, please visit the QCAA website www.qcaa.qld.edu.au. Alternatively, email the K–10 Curriculum and Assessment branch at australiancurriculum@qcaa.qld.edu.au.

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