Comparison of AC v8.4 to v9.0

ACiQ|v9.0

Years 5–6 band: Health and Physical Education

Key	same/refined	removed	new	moved

Note:

- the key applies to the content descriptions only
- v8.4 content descriptions may have been reordered to align with v9.0 content descriptions.

Version 8.4	Version 9.0
Achievement standard	**Achievement standard**
By the end of Year 6, students investigate developmental changes and transitions. They explain the influence of people and places on identities. They recognise the influence of emotions on behaviours and discuss factors that influence how people interact. They describe their own and others' contributions to health, physical activity, safety and wellbeing. They describe the key features of health-related fitness and the significance of physical activity participation to health and wellbeing. They examine how physical activity, celebrating diversity and connecting to the environment support community wellbeing and cultural understanding. Students demonstrate fair play and skills to work collaboratively. They access and interpret health information and apply decision-making and problem-solving skills to enhance their own and others' health, safety and wellbeing. They perform specialised movement skills and sequences and propose and combine movement concepts and strategies to achieve movement outcomes and solve movement challenges. They apply the elements of movement when composing and performing movement sequences.	By the end of Year 6, students explain how different factors influence identities. They propose strategies to manage emotions, developmental changes and transitions. They propose strategies to demonstrate respect, empathy and inclusion. They explain how stereotypes influence roles and responsibilities. Students explain how communication skills, protective behaviours and help-seeking strategies keep themselves and others safe online and offline. They analyse health information to refine strategies to enhance their own and others' health, safety, relationships and wellbeing. Students refine and modify movement skills and apply movement concepts across a range of situations. They transfer movement strategies between situations and evaluate the impact on movement outcomes. Students propose strategies to promote physical activity participation that enhance health, fitness and wellbeing. They describe contributions they can make as a group and team member to support fair play and inclusion across a range of movement contexts.

Strands	Sub-strands	Content descriptions	Content descriptions	Sub-strands	Strands
Personal, social and community health	Being healthy, safe and active	examine how identities are influenced by people and places ACPPS051	explain how identities can be influenced by people and places, and how we can create positive self-identities AC9HP6P01	Identities and change	Personal, social and community health
		investigate resources and strategies to manage changes and transitions associated with puberty ACPPS052	investigate resources and strategies to manage changes and transitions, including changes associated with puberty AC9HP6P02		
			investigate how the portrayal of societal roles and responsibilities can be influenced by gender stereotypes AC9HP6P03		
	Communicating and interacting for health and wellbeing	practise skills to establish and manage relationships ACPPS055	describe and demonstrate how respect and empathy can be expressed to positively influence relationships AC9HP6P04	Interacting with others	
	Contributing to healthy and active communities	identify how valuing diversity positively influences the wellbeing of the community ACPPS060	describe and implement strategies to value diversity in their communities AC9HP6P05		
	Communicating and interacting for health and wellbeing	examine the influence of emotional responses on behaviour and relationships ACPPS056	apply strategies to manage emotions and analyse how emotional responses influence interactions AC9HP6P06		
			describe strategies for seeking, giving or denying consent and rehearse how to communicate their intentions effectively and respectfully AC9HP6P07		
	Being healthy, safe and active	investigate community resources and ways to seek help about health, safety and wellbeing ACPPS053	analyse and rehearse protective behaviours and help-seeking strategies that can be used in a range of online and offline situations AC9HP6P08	Making healthy and safe choices	
	Communicating and interacting for health and wellbeing	recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours ACPPS057	investigate different sources and types of health information and how these apply to their own and others' health choices AC9HP6P09		
	Being healthy, safe and active	plan and practise strategies to promote health, safety and wellbeing ACPPS054	analyse how behaviours influence the health, safety, relationships and wellbeing of individuals and communities AC9HP6P10		
	Contributing to healthy and active communities	investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities ACPPS058			
Movement and physical activity	Moving our body	practise specialised movement skills and apply them in a variety of movement sequences and situations ACPMP061	adapt and modify movement skills across a variety of situations AC9HP6M01	Moving our bodies	Movement and physical activity
		propose and apply movement concepts and strategies with and without equipment ACPMP063	transfer familiar movement strategies to different movement situations AC9HP6M02		
	Understanding movement	manipulate and modify elements of effort, space, time, objects and people to perform movement sequences ACPMP065	investigate how different movement concepts related to effort, space, time, objects and people can be applied to improve movement outcomes AC9HP6M03		
		participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing ACPMP064	participate in physical activities to investigate the body's reaction to different levels of intensity AC9HP6M04	Making active choices	

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Version 8.4			Version 9.0		
	Contributing to healthy and active communities	explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments ACPPS059	participate in physical activities that enhance health and wellbeing in natural and outdoor settings, and analyse the steps and resources needed to promote participation AC9HP6M05		
			propose and explain strategies to increase physical activity and reduce sedentary behaviour levels in their lives AC9HP6M06		
	Understanding movement	participate in physical activities from their own and others' cultures, and examine how involvement creates community connections and intercultural understanding ACPMP066			
	Learning through movement	apply critical and creative thinking processes in order to generate and assess solutions to movement challenges ACPMP068	predict and test the effectiveness of applying different skills and strategies in a range of movement situations AC9HP6M07	Learning through movement	
		demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities ACPMP069	devise and test alternative rules and game modifications to support fair play and inclusive participation AC9HP6M08		
		participate positively in groups and teams by encouraging others and negotiating roles and responsibilities ACPMP067	participate positively in groups and teams by contributing to group activities, encouraging others and negotiating roles and responsibilities AC9HP6M09		