

Comparison of AC v8.4 to v9.0

Years 3–4 band: Health and Physical Education

Key	same/refined	removed	new	moved
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Note:

- the key applies to the content descriptions only
- v8.4 content descriptions may have been reordered to align with v9.0 content descriptions.

Version 8.4			Version 9.0		
Achievement standard			Achievement standard		
<p>By the end of Year 4, students recognise strategies for managing change. They identify influences that strengthen identities. They investigate how emotional responses vary and understand how to interact positively with others in a variety of situations. Students interpret health messages and discuss the influences on healthy and safe choices. They understand the benefits of being healthy and physically active. They describe the connections they have to their community and identify local resources to support their health, wellbeing, safety and physical activity.</p> <p>Students apply strategies for working cooperatively and apply rules fairly. They use decision-making and problem-solving skills to select and demonstrate strategies that help them stay safe, healthy and active. They refine fundamental movement skills and apply movement concepts and strategies in a variety of physical activities and to solve movement challenges. They create and perform movement sequences using fundamental movement skills and the elements of movement.</p>			<p>By the end of Year 4, students identify influences that strengthen identities and describe strategies to manage emotions, changes and transitions. They apply skills and strategies to interact respectfully with others. They describe the influences that inclusion and stereotypes have on choices and actions. Students describe and apply protective behaviours and help-seeking strategies to keep themselves and others safe online and offline. They interpret health information to apply strategies to enhance their own and others' health, safety, relationships and wellbeing. Students apply fundamental movement skills and demonstrate movement concepts across a range of situations. They adapt movement strategies to enhance movement outcomes. Students examine factors that influence participation and propose strategies to incorporate regular physical activity into their own and others' lives. They demonstrate fair play and inclusion through a range of roles in movement contexts.</p>		
Strands	Sub-strands	Content descriptions	Content descriptions	Sub-strands	Strands
Personal, social and community health	Being healthy, safe and active	explore how success, challenge and failure strengthen identities ACPPS033	investigate how success, challenge, setbacks and failure strengthen <u>resilience</u> and identities in a range of contexts AC9HP4P01	Identities and change	Personal, social and community health
		explore strategies to manage physical, social and emotional change ACPPS034	plan, rehearse and reflect on strategies to cope with the different changes and transitions they experience, <u>such as the changes associated with puberty</u> AC9HP4P02		
			<u>describe how choices and actions can be influenced by stereotypes</u> AC9HP4P03		
	Communicating and interacting for health and wellbeing	describe how respect, empathy and valuing diversity can positively influence relationships ACPPS037	select, use and refine personal and social skills to establish, manage and strengthen relationships AC9HP4P04	Interacting with others	
	Contributing to healthy and active communities	<u>research own heritage and cultural identities</u> , and explore strategies to respect and value diversity ACPPS042	<u>describe how valuing diversity influences wellbeing</u> and identify actions that promote inclusion in their communities AC9HP4P05		
	Communicating and interacting for health and wellbeing	investigate how emotional responses vary in depth and strength ACPPS038	explain how and why emotional responses can vary and <u>practise strategies to manage their emotions</u> AC9HP4P06		
			<u>rehearse and refine strategies for seeking, giving and denying permission respectfully and describe situations when permission is required</u> AC9HP4P07		
	Being healthy, safe and active	describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe ACPPS035	describe and apply protective behaviours and help-seeking strategies in a range of <u>online and offline situations</u> AC9HP4P08	Making healthy and safe choices	
	Communicating and interacting for health and wellbeing	discuss and interpret health information and messages in the media and internet ACPPS039	interpret the nature and intention of health information and messages, and <u>reflect on how they influence personal decisions and behaviours</u> AC9HP4P09		
	Being healthy, safe and active	identify and practise strategies to promote health, safety and wellbeing ACPPS036			
Contributing to healthy and active communities	describe strategies to make the classroom and playground healthy, safe and active spaces ACPPS040	investigate and apply behaviours that contribute to their own and others' health, safety, relationships and wellbeing AC9HP4P10			
Movement and physical activity	Moving our body	practise and refine fundamental movement skills in a variety of movement sequences and situations ACPMP043	refine and apply fundamental movement skills in new movement situations AC9HP4M01	Moving our bodies	Movement and physical activity
		practise and apply movement concepts and strategies <u>with and without equipment</u> ACPMP045	apply and adapt movement strategies to achieve movement outcomes AC9HP4M02		
	Understanding movement	combine elements of effort, space, time, objects and people when performing movement sequences ACPMP047	demonstrate how movement concepts related to effort, space, time, objects and people can be applied when performing movement sequences AC9HP4M03		
		examine the benefits of physical activity to health and wellbeing ACPMP046	participate in physical activities to explore how their body feels and describe how regular physical activity helps the body stay healthy and well AC9HP4M04	Interacting with others	

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Version 8.4		Version 9.0	
Contributing to healthy and active communities	participate in outdoor games and activities to examine how participation promotes a connection between the community, natural and built environments, and health and wellbeing ACPPS041	participate in physical activities in natural and outdoor settings to examine factors that can influence their own and others' participation AC9HP4M05	
	Understand movement	examine the benefits of physical activity to health and wellbeing ACPMP046	
	participate in physical activities from their own and other cultures ACPMP108	explore recommendations about physical activity and sedentary behaviours, and discuss strategies to achieve the recommendations AC9HP4M06	
Learning through movement	apply innovative and creative thinking in solving movement challenges ACPMP049	apply creative thinking when designing movement sequences and solving movement problems AC9HP4M07	Learning through movement
	apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities ACPMP050	apply rules and scoring systems to promote fair play when participating or designing physical activities AC9HP4M08	
	adopt inclusive practices when participating in physical activities ACPMP048	perform a range of roles in respectful ways to achieve successful outcomes in group or team movement activities AC9HP4M09	

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