

# Snapshot: Health and Physical Education

## Changes in Australian Curriculum Version 9.0

|                              |                                  | Comments   |  |
|------------------------------|----------------------------------|--|--|
| <b>Strand and sub-strand</b> | <b>Renamed, moved or removed</b> | <ul style="list-style-type: none"> <li>sub-strands re-named</li> </ul>   |  |
|                              |                                  | Personal, social and community health  | Movement and physical activity                         |
|                              |                                  | Identities and change<br><i>Being healthy safe and active</i>  | Moving our bodies<br><i>Moving our body</i>            |
|                              |                                  | Interacting with others<br><i>Communicating and interacting for health and wellbeing</i>   | Making active choices<br><i>Understanding movement</i> |
|                              |                                  | Making healthy and safe choices<br><i>Contributing to healthy and active communities</i>   | Learning through movement                              |
| <b>Learning area content</b> | <b>What's new?</b>               | <ul style="list-style-type: none"> <li>refined language in achievement standards and content descriptions to enhance developmental progression across bands</li> <li>explicit reference to                             <ul style="list-style-type: none"> <li>consent (seeking, giving or denying permission), protective behaviours and help-seeking strategies across Prep–Year 10</li> <li>stereotypes in Years 3–10 and gender role stereotypes in Years 5–10</li> <li>power, coercion and control in Years 7–10</li> <li>sexual relationships in Years 9–10 band</li> <li>inclusion and its impact on health, wellbeing and physical activity participation in Years 3–10</li> <li>factors that make physical activity enjoyable and strategies that promote physical activity participation from Years 1–10</li> </ul> </li> </ul> |  |
|                              | <b>What's been removed?</b>      | <ul style="list-style-type: none"> <li>duplication of content related to movement concepts</li> <li>historical significance of physical activity content from Years 7–10</li> <li>explicit reference to participation in physical activities from own and other cultures</li> </ul>  |  |
|                              | <b>What's moved?</b>             | <ul style="list-style-type: none"> <li>opportunity for content related to puberty to be introduced at the Years 3–4 band (previously Years 5–6 band)</li> </ul>  |  |
| <b>Achievement standard</b>  | <b>What's changed?</b>           | <ul style="list-style-type: none"> <li>achievement standard structure changed from two paragraphs to one</li> </ul>  |  |

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