

Prep Health and Physical Education

Australian Curriculum Version 9.0: Achievement standard aligned to content descriptions

This resource shows alignment between aspects of the achievement standard and relevant content descriptions for Prep. A similar resource is available for other bands.

The Australian Curriculum (AC) v9.0 code for each content description includes an element indicating the strand it is organised by, e.g. AC9HPFP01 indicates Personal, social and community health strand.

Key to content description codes: Health and Physical Education	
e.g. AC9HPFP01	Strands:
Australian Curriculum (AC)	• P — Personal, social and community health
Version 9 (9)	• M — Movement and physical activity
Health and Physical Education (HP)	
Foundation (F)	
Strand (P, M)	
Content description number (##)	

Prep Australian Curriculum: Health and Physical Education achievement standard

By the end of Foundation, students describe similarities and differences between themselves and others, and different emotions people experience. They demonstrate personal and social skills to interact respectfully with others. They identify and demonstrate protective behaviours and help-seeking strategies to keep themselves safe. Students identify how health information can be used in their lives. Students apply fundamental movement skills to manipulate objects and space in a range of movement situations. Students identify the benefits of being physically active and how rules make play fair and inclusive.

Achievement standard aspect	Relevant content description/s	AC v9.0 code
By the end of Prep	Students learn to:	
Students describe similarities and differences between themselves and others, and different emotions people experience.	• investigate who they are and the people in their world	AC9HPFP01
	• express and describe emotions they experience	AC9HPFP03
They demonstrate personal and social skills to interact respectfully with others.	• practise personal and social skills to interact respectfully with others	AC9HPFP02
They identify and demonstrate protective behaviours and help-seeking strategies to keep themselves safe.	• explore how to seek, give or deny permission respectfully when sharing possessions or personal space	AC9HPFP04
	• demonstrate protective behaviours, name body parts and rehearse help-seeking strategies that help keep them safe	AC9HPFP05
Students identify how health information can be used in their lives.	• identify health symbols, messages and strategies in their community that support their health and safety	AC9HPFP06
Students apply fundamental movement skills to manipulate objects and space in a range of movement situations.	• practise fundamental movement skills in minor game and play situations	AC9HPFM01
	• experiment with different ways of moving their body safely and manipulating objects and space	AC9HPFM02
Students identify the benefits of being physically active and how rules make play fair and inclusive.	• participate in a range of activities in natural and outdoor settings and explore the benefits of being physically active	AC9HPFM03
	• follow rules to promote fair play in a range of physical activities.	AC9HPFM04

More information

If you would like more information, please visit the QCAA website www.qcaa.qld.edu.au. Alternatively, email the K–10 Curriculum and Assessment branch at australiancurriculum@qcaa.qld.edu.au.

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